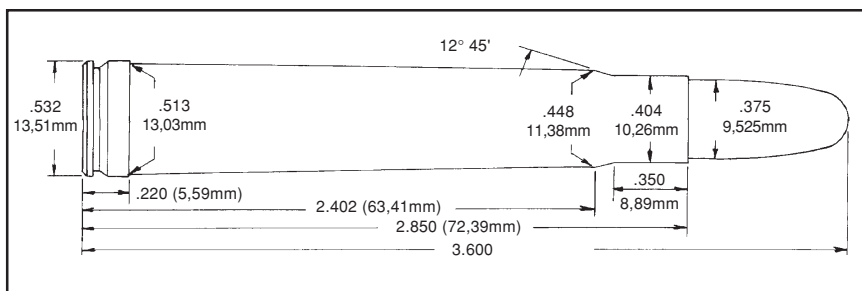


.375 HOLLAND & HOLLAND MAGNUM

Developed by the British firm of Holland & Holland in 1912, this is one of the original belted magnum cartridges. Custom rifles became available for the .375 H&H, from makers such as Griffin & Howe, about 1926.



The Western Cartridge Company loaded ammunition for the .375 H&H for 12 years prior to the introduction of the first standard rifle made to chamber the round, the Winchester Model 70 in 1937.

This cartridge has long been considered the best all-around African caliber and the smallest cartridge suitable for hunting Africa's "dangerous five."

Easy to load, the .375 H&H combines excellent accuracy, and good bullet weight with a trajectory approximating that of a 180-grain .30-06 load.

Several Accurate propellants are suitable for loading the .375 H&H but Accurate **4350** is the best choice for all-around use.

The SAAMI Maximum Average Pressure for the .375 H&H is 62,000 P.S.I.

.375 HOLLAND & HOLLAND MAGNUM

Gun	DOUGLAS	Max Length	2.850"
Barrel Length	25"	Trim Length	2.830"
Primer	REM 9° M	OAL Max	3.600"
Case	WW	OAL Min	3.540"

Bullet	START LOADS			MAXIMUM LOADS			P.S.I.	Cartridge Length	Comment
	Powder	Grains	Vel.	Powder	Grains	Vel.			
255 (L) FNGC	5744	34.0	1771	5744	47.0	2310	41,500	3.325"	RCBS
SPR 235 SBT	2495	66.6	2560	2495	74.0	2909	57,000	3.550"	100% Density Compressed
	2520	63.9	2530	2520	71.0	2875	57,000		
	2700	76.0	2706	2700	80.0	2879	56,600		
	4350	77.4	2495	4350	86.0	2835	46,700		
	3100	77.4	2259	3100	86.0	2567	33,300		
BAR-X 250	2495	54.0	2193	2495	60.0	2492	54,200	3.550"	Compressed
	2700	75.1	2539	2700	79.0	2701	54,100		
	4350	74.3	2332	4350	82.5	2650	45,500		
	3100	75.6	2113	3100	84.0	2401	32,800		

Bullet	START LOADS			MAXIMUM LOADS			P.S.I.	Cartridge Length	Comment
	Powder	Grains	Vel.	Powder	Grains	Vel.			
SRA 250 SBT	2495	60.8	2409	2495	67.5	2738	60,000	3.585"	
	2700	76.0	2644	2700	80.0	2813	59,800		
	4350	75.6	2431	4350	84.0	2763	48,900		Compressed
	3100	77.4	2233	3100	86.0	2537	36,800		Compressed
SWF 250 SP	4064	68.4	2416	4064	76.0	2746	59,900	3.545"	
	2700	71.1	2396	2700	79.0	2723	60,400		
	4350	75.6	2405	4350	84.0	2734	51,000		Compressed
	3100	77.4	2260	3100	86.0	2569	44,500		Compressed
HDY 270 SP	2495	63.5	2346	2495	70.5	2666	59,000	3.570"	
	2700	76.0	2530	2700	80.0	2691	55,800		Compressed
	4350	75.6	2386	4350	84.0	2711	50,300		*
	3100	77.4	2217	3100	86.0	2519	38,700		**
SRA 300 SBT	2495	56.3	2148	2495	62.5	2441	58,600	3.585"	
	2700	71.3	2397	2700	75.0	2550	56,600		***
	4350	71.1	2241	4350	79.0	2547	51,500		Compressed
	3100	74.7	2159	3100	83.0	2453	43,200		Compressed
SWF 300 SP	4064	61.2	2120	4064	68.0	2410	61,300	3.545"	
	2700	67.5	2135	2700	75.0	2427	61,200		
	4350	71.1	2192	4350	79.0	2491	50,000		Compressed
	3100	74.7	2112	3100	83.0	2401	45,400		Compressed
SPR 300 AGS	2495	56.3	2110	2495	62.5	2398	61,200	3.480"	
	2700	71.3	2327	2700	75.0	2476	59,500		
	4350	71.1	2128	4350	79.0	2418	46,800		***
	3100	74.7	2028	3100	83.0	2305	40,000		Compressed
BAR 350 RN	2495	49.5	1851	2495	55.0	2103	56,100	3.560"	
	2700	63.7	2123	2700	67.0	2259	56,600		
	4350	67.5	2072	4350	75.0	2355	54,800		***
	3100	65.7	1853	3100	73.0	2106	36,600		Compressed

* - Compressed 3.605 OAL
** - Compressed 3.615 OAL
*** - Compressed, Extremely Uniform P&V